| **LOCAL COUNSELING RESOURCES** |  |
| --- | --- |
| **Rise Wellness – Mental Health, Suicide Prevention and Postvention**  775-525-3400  <https://risewellnessnv.com/> | **Family Behavioral Health**  (775) 378-2775  [info@fbhnv.com](mailto:info@fbhnv.com) |
| **Safe Talk for Teens**  775-823-2700  [www.Safetalkforteens.org](http://www.Safetalkforteens.org) | **Life Quest Behavioral Health Care**  774-636-7767  [www.LifeQuestNV.com](http://www.LifeQuestNV.com) |
| **Zephyr Wellness**  775-525-1616  [info@zephyrwellness.org](mailto:info@zephyrwellness.org) | **Children’s Cabinet**  775-352-8090  777 Sinclair Street |
| **Quest Counseling**  775-786-6880  [www.questrenno.com](http://www.questrenno.com) | **Maple Star Nevada**  775-677-2216  [www.maplestarreno.com](http://www.maplestarreno.com) |
| **Sage Health Services**  775-200-0935  4600 Kietzke Lane, Ste M-246  [info@sagehealthservices.com](mailto:info@sagehealthservices.com) |  |
| **For Urgent Mental Health Crisis** |  |
| **Reno Behavioral Healthcare Hospital**  [775- 393-2200](https://www.google.com/search?gs_ssp=eJwFwUEKgCAQAEC6Bn2gU5fOrZmmPaFfbLrbhpIgET2_mbabzkkpNpIk2wTNNsLnwHvNNMcFjEWvN_giMBK5iCHw6sK895XuMhwk-F6lYh6EMD8SsNIP51oaHg&q=reno+behavioral+healthcare&rlz=1C1GCEB_enUS964US964&oq=reno+behavioral+&aqs=chrome.1.0i355i512j46i175i199i512j0i512j0i457i512j0i512l2j69i57j0i512l3.4034j0j7&sourceid=chrome&ie=UTF-8)  6940 Sierra Center Pkwy | **West Hills Hospital**  775-323-0478  1240 E 9th St |
| **Mobile Crisis Response** (they come to you)  775-688-1670 |  |